

# Sex education for young people

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- 26. 7. 2024
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# Who shapes a child's view of sexuality today?

- Parents
- Peers
- Idols
- Movies
- Videos
- Social networks
- Workshops in school/parish/at Scouts
- Ads
- Pornography
- Experiences
- ...



# How do we usually talk about sex?

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What factors have importantly shaped our views on sexuality?





# Family

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# Peers

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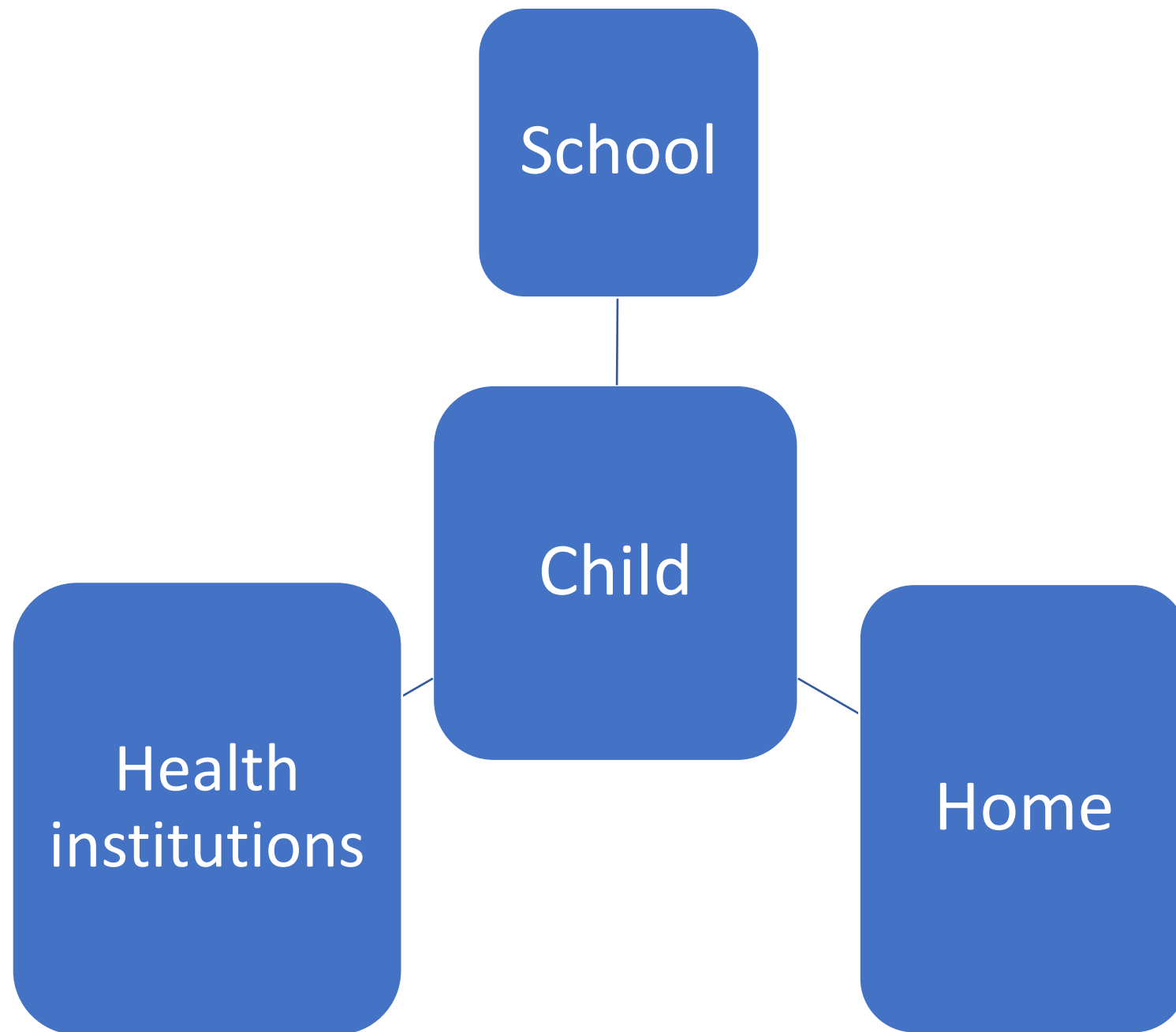


# Safe environment



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# Culture and environment



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# Media and advertisements

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A woman's  
body  
becomes an  
object?



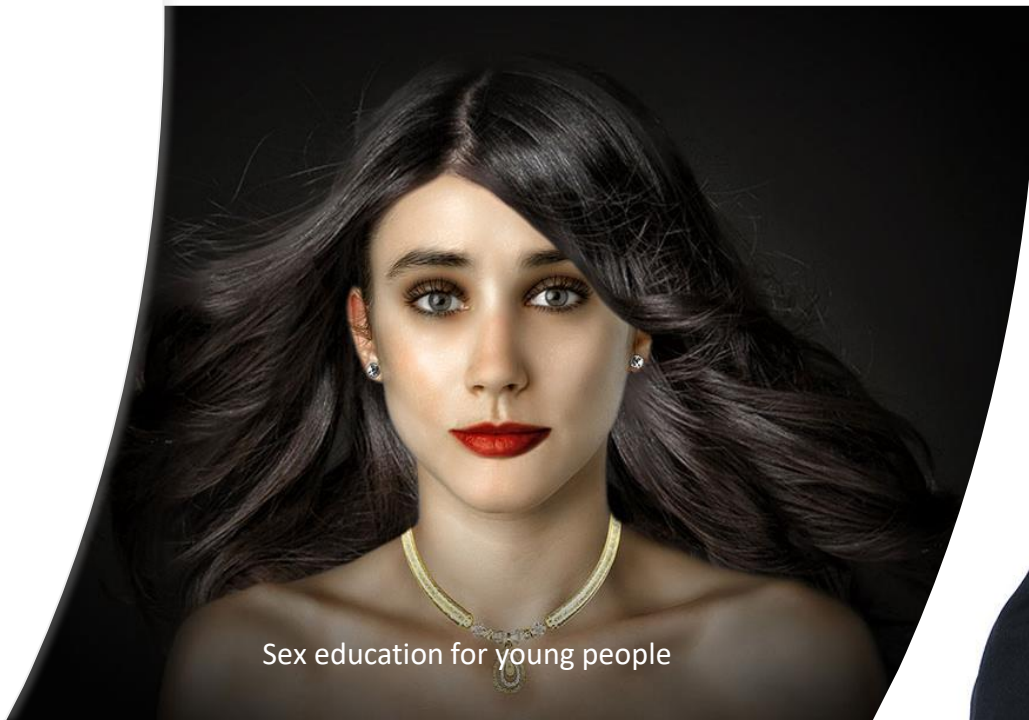




# (UN)REALITY

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- ARGENTINA
- MAROCO
- FILIPINI
- ORIGINAL



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# Influencer Milla Sofia

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- From Finland
- 24 years old
- "As a model, I bring an unparalleled and futuristic perspective to the field of style."
- 1,400,000 likes on TT
- 121,600 followers on TikTok, 163,000 on IG
- All images, including backgrounds, generated by AI



- How many hours a day do you think teenagers (aged 13-18) spend on different screens?





A photograph of two teenagers sitting on brick steps outdoors. The teenager on the left, wearing a bright green t-shirt and dark jeans, is looking down at a smartphone in their hands. The teenager on the right, wearing a grey t-shirt and blue jeans, has their head resting on their hand, looking down. In the background, there is a statue of a person and another person in a green uniform. The scene is brightly lit, suggesting it is daytime.

# WHY DOES A TEENAGER NEED A SMARTPHONE TODAY?

WHY DO I NEED A SMARTPHONE (TV, TABLET, ETC.) TODAY?



# Social networks

- Good or bad?
- Which ones do we know?
- High growth since 2003
- Internet April 2024: 5.44 billion (67.1%)
- Social networks: 5.07 billion (62.6%)
- Lots of potential for good use
- Free?
- Addictive elements?





# SEXTING

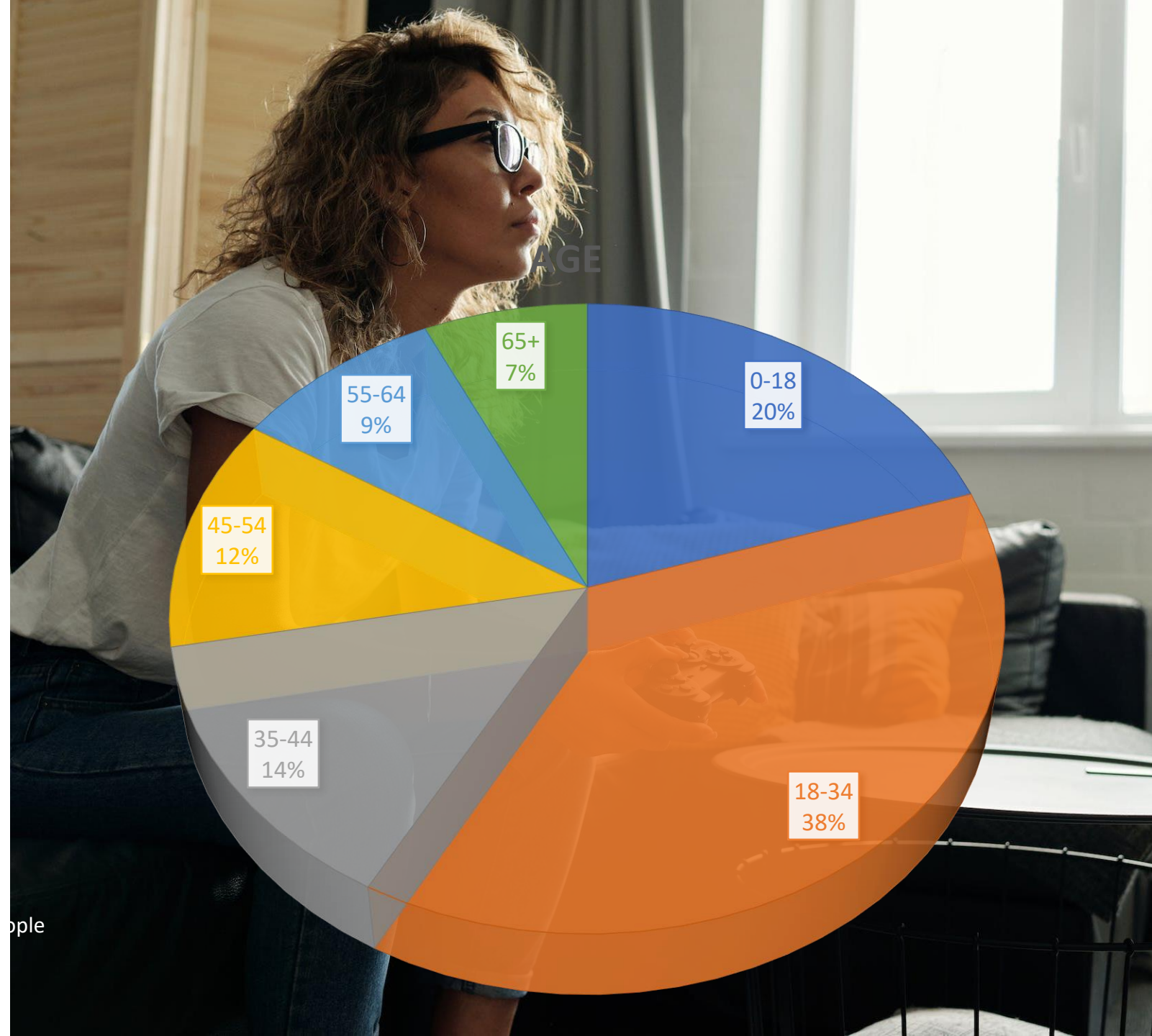
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- What is it?
- How does it usually happen?
- Why?



# Videogames

- Age?
- Spatial performance
- Violence
- Communities
- Sleeping
- Skins





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# Pornography

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- Oxford dictionary: „magazines, DVDs, websites, etc. that describe or show naked people and sexual acts in order to make people feel sexually excited, especially in a way that many other people find offensive
- Etymology: „depicting prostitutes“
- Today ≠ 20 years ago
- Anonymity, accessibility, affordability
- Addictive
- Moralising
- Openness and honesty (detabooisation)
- Accepting the child, but also showing the way
- Control or trust?







# Pornography

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- Unrealistic
- Violent
- Sexual abuse and sex trafficking
- Educators and parents – quiet?
- Inefficient laws





# What can teachers do?





# Creating a safe space

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- Open Atmosphere
- Non-Judgmental Environment
- Truth
- Addressing Difficult Topics
- Holistic Approach



# Example and learning

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- Process learning
- Catholic Perspective on Sexuality
- Key Questions
- Honest and respectful communication
- Respecting Bodies and Boundaries



# (For)hope

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- Wounds
- Good enough, not perfect
- Foundations
- Whole picture?
- Redeemed



# ZDRAVI TEMELJI

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- Poimenovanje spolnih organov
- Meje in dotiki
- Soglasje pri izkazovanju naklonjenosti
- Skrivnosti in presenečenja
- Nevarnosti spleta

## TEMELJNI KORAKOV

pri vzgoji  
za celostno spolnost



S pravimi imeni  
poimenujem spolne organe



Upoštevam soglasje pri  
izkazovanju telesne naklonjenosti



Poznam svoje telesne meje  
in razlike med dotiki





# Questions?



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